



Diagnosis And Treatment Of Vertigo, Dizziness, Balance Disorders, Tinnitus And Hearing Loss

Fact Sheet

History: Newport-Mesa Audiology Balance and Ear Institute was founded in 1977 by renowned vestibular (inner ear) physiologist Dr. Howard T. Mango. The Institute is among the nation's foremost authorities for the research, diagnosis, treatment and rehabilitation of dizziness and balance disorders. Dr. Mango and his team have treated more than 30,000 patients for chronic balance, dizziness and hearing conditions, including tinnitus (ringing in the ears) that many believed to be an untreatable condition.

Doctors of Audiology: Howard T. Mango, Au.D., Ph.D., founder and executive director
Brooke Pearce, Au.D., director of audiology
Cara Makuta, Au.D., director of clinical research
Stacie Van Bodegon, Au.D.
Melissa Mooney, Au.D.
Carmen Aliyeva, Au.D.
Katie S. Esau, Au.D., fellow

Vertigo, Dizziness, Balance Disorders,

Tinnitus & Hearing Loss: Nearly 50 percent of people in the United States will experience balance disorders and vertigo sometime in their lives. In fact, dizziness is the third most common complaint in the primary care setting among the general population and the most frequent reason for seeing a doctor among people ages 75 and older. Accordingly, balance related falls cause over 250,000 hip fractures a year among individuals over age 65 and account for more than one-half of the accidental deaths among the elderly. Overall, the cost of medical care for patients with balance disorders exceeds \$1 billion per year in the United States. Furthermore, vestibular vertigo accounts for one-third of

dizziness/vertigo symptoms in the medical setting. The most common vestibular disorder, Benign Paroxysmal Positional Vertigo (BPPV), can be diagnosed and treated successfully with no pills and no surgery. Although 86 percent of people with BPPV undergo medical consultation, interruption of daily activities, or sick leave, only eight percent receive effective treatment.

In fact, less than 10 percent of dizzy patients are ever evaluated by a specialist, exacerbating the fact that children with treatable vestibular disorders are sometimes incorrectly diagnosed as learning disabled, dyslexic, or psychologically disturbed.

Mission & Vision:

Our mission is to help patients permanently resolve their hearing, dizziness or balance disorders. Our goal is to return them to the activity levels they experienced prior to the onset of their illness/trouble/trauma. This is accomplished through specialized ongoing training of our audiologists and by utilizing the most sophisticated diagnostic technology available. These elements have made Newport-Mesa Audiology Balance and Ear Institute one of the country's most inclusive balance facilities.

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